



## Welsh Triathlon Inter Regional Championship Team

### Selection Policy 2018

#### Introduction

The Inter Regional Championships (IRC's) provides an opportunity for TriStar athletes to gain both multisport experience and championship triathlon experience to support their development journey within the sport.

The 2018 Inter Regional Championships will take place at Mallory Park Leicestershire on the weekend of the 15<sup>h</sup> & 16<sup>th</sup> September.

Occurring every year the IRC's are open to athletes who fall within the TriStar 2 and TriStar 3 categories. Selection for the IRC's will involve both racing within the Welsh TriStar series and the 2018 Welsh Triathlon IRC Race in Bala on the 7<sup>th</sup> July.

Gear restrictions will apply at the Welsh Triathlon IRC Race, however each race within the Welsh TriStar series may or may not be gear restricted depending on the event organiser's decision. More information on gear restrictions can be found [HERE](#)

#### **Four Stage Process**

For individual TriStar IRC's event, Welsh Triathlon operates a four-stage selection process explained below;

1. **Eligibility Process** - There are number of essential components that support this process to ensure athletes are eligible for selection.
2. **Qualification Process** - the athlete through their performance(s) have met the specific performance criteria and automatically qualify for the team; their performance(s) are not evaluated by the selection committee.
3. **Selection Process** - the athlete has not met the specific performance criteria for automatic qualification and their performance(s) are evaluated by a selection committee in order to be selected to the team
4. **Appeals Process** - in the event of illness/injury/accident/mechanical failure and/or any other factor that impacts performance negatively in a selection event an athlete can lodge an appeal.

## **1. Eligibility Process**

- 1.1. Be a Welsh Triathlon member who either lives in Wales or is an active member of a Welsh Triathlon affiliated club within Wales. Athletes may only represent one region in any one-year.
- 1.2. Athletes enter the Welsh Triathlon IRC Race in Bala on the 7<sup>th</sup> July 2018 and have participated in at least three of the 2018 Welsh Triathlon TriStar series races before the Welsh Triathlon IRC Race will be eligible for selection.

## **2. Qualification Process**

Athletes who finish in the top 2 in their respective age categories at the Welsh Triathlon IRC Event will be automatically selected.

## **3. Selection Process**

- 3.1. To fill the remaining slots on the IRC Team and select a non-travelling reserve the Selection Committee will consider athletes performances from;
  - 3.1.1. The Cerist Aquathlon
  - 3.1.2. Ruthin Junior Triathlon
  - 3.1.3. Llanelli Junior Duathlon
  - 3.1.4. Steven Lewis Aquathlon
  - 3.1.5. Cardiff Junior Triathlon
  - 3.1.6. Pembrokeshire Junior Triathlon
  - 3.1.7. Denbigh Junior Triathlon
  - 3.1.8. The Welsh Triathlon IRC Race, Bala

## **4. Appeals Process**

- 4.1. If an athlete does not contest or complete the Welsh Triathlon IRC Race for medical reasons these must be supported before the race or within a further 24 hours, if they do not complete the race with a Medical Doctor's report. In the latter case the Welsh Pathway Manager must be notified within 30 minutes of the last competitor finishing the relevant race;
- 4.2. In the event of an accident during the race, a written report may be filed with the Welsh Pathway Manager by, or on behalf of, the athlete within 30 minutes of the last competitor finishing the relevant race, explaining mitigating circumstances and including previous results. Appropriate grounds for consideration will usually be those deemed to be outside of the athlete's own control;
- 4.3. Upon validation by the Appeals Committee the Selection Committee will consider those athletes with validated accident or medical reasons by

means of a projected result. In such cases the Selection Committee, using its expertise, will determine whether, in all circumstances, the appealing athlete would have met the selection standards. In such cases the decision of selection committee would be final

Except for in unforeseen circumstances athletes will be notified of their selection by 5pm on Friday 13th July 2018,

Selected athletes or their representatives must confirm receipt of their selection email and accept their place on the team by Monday 10th July. Similarly, any appeals should be made in writing within this same window and sent to [admin@welshtriathlon.org](mailto:admin@welshtriathlon.org)

Appeals can only be made against due process not being followed and not the decision of the selection panel.

Welsh Triathlon will subsidise race entry, racing & training kit and support through a Team Manager for the IRC Championship event in Mallory\*.

Welsh Triathlon will be entering a team in the IRC's and the following places are available:

<b>Category</b>	<b>Age</b>	<b>Boys Selected</b>	<b>Girls Selected</b>
Tri Star 2	11-12	3 athletes	3 athletes
Tri Star 3	13-14	3 athletes	3 athletes

One non-travelling reserve athlete for each category and gender will also be selected by the panel.

\*Due to the increased cost of entering and supporting a team at the IRC Championship event Welsh Triathlon are no longer able to fully subsidise event. It is predicted that for the 2018 event there will be an athlete contribution of circa £150 (this will not apply to the non travelling reserve unless they are required to race). Welsh Triathlon are committed to ensuring the sport is accessible to all athletes and will work with athletes who feel they may not be able to make the contribution.

### **Note 1: Event Cancellation- Welsh Triathlon IRC Race, Bala**

1. Should this event be cancelled or changed to a duathlon due to adverse weather conditions/act of God the following will be used for selection;
  - 1.1. Ruthin Junior Triathlon, Cardiff Junior Triathlon, Pembrokeshire Junior Triathlon, Denbigh Junior Triathlon

The Selection Committee will then use the following process when allocating places to the Welsh IRC Team

- 1.2. Athletes series rankings based on the above events

### **Note 2; The Selection Committee**

- 1) The IRC selection panel will consist of:
  - a) Louis Richards (Welsh Triathlon Pathways Manager)
  - b) Luke Watson (Welsh Triathlon Performance Coach)
  - c) TBC (Welsh Development Academy Coach)
  - d) Gareth Evans (Welsh Triathlon Events Officer), independent non-voting

In the case of a conflict of interest declared by the Pathways Manager, Performance Coach or Development Academy coaches, the Welsh Triathlon Events Officer will replace the affected member as a voting member of the panel.

1. Additional experts may be asked to provide advice to the committee at the request of the Chair

### **Discretion regarding an in-race accident, injury or on alternative medical grounds:**

1. If an athlete does not contest or complete the 2018 Welsh Triathlon IRC Race for medical reasons these must be supported before the race or within a further 24 hours, if they do not complete the race with a Medical Doctor's report. In the case of non-completion the Welsh Pathway Manager must be notified within 30 minutes of the last competitor finishing the relevant race;
2. In the event of accident or injury during either race, a written report may be filed with the Welsh Pathway Manager, or a pre-advised delegate from Welsh Triathlon by, or on behalf of, the athlete within 30 minutes of the last competitor finishing the relevant race, explaining mitigating circumstances and including previous results. Appropriate grounds for consideration will usually be those deemed to be outside of the athlete's own control, this does not normally include accidents that are down to the athletes own error or mechanicals;
3. If upheld by the Appeal Committee the Selection Committee will consider those athletes with validated accident or medical reasons by

means of a projected result. In such cases the Selection Committee, using its expertise, will determine whether, in all circumstances, the appealing athlete would have met the selection standards. In such cases the decision of selection committee would be final.

### **Notification of Selection and Appeals**

Athletes will be notified of their selection by 5pm on Friday 13th July 2018,

Selected athletes or their representatives must confirm receipt of their selection email and accept their place on the team by Monday 10<sup>th</sup> July. Similarly, any appeals should be made in writing within this same window and sent to [admin@welshtriathlon.org](mailto:admin@welshtriathlon.org).

Appeals can only be made against due process not being followed and not the decision of the selection panel.

Welsh Triathlon will provide race entry, racing & training kit and support through a Team Manager for the IRC Championship event in Mallory. It is expected that this will be a part and not fully funded and therefore athlete contributions will be required.

### **Information and queries**

In the run up to the Welsh Triathlon IRC Race in Bala, any queries or requests for further information can be sent to Louis Richards, Welsh Pathways Manager at [louisrichards@welshtriathlon.org](mailto:louisrichards@welshtriathlon.org).

### **Appendix One: Guiding Principles and Conditions of Selection**

The goal of the team is to provide an appropriate development opportunity for the best young athletes in the region, to perform to the best possible level at the IRCs, and to compete in a manner that aligns with the values and philosophies of Welsh Triathlon.

1. Athletes must be members in good standing with Welsh Triathlon, with Wales declared as their region on their membership.
2. Athletes must be compliant with BTF's anti-doping policy.
3. In the event of injury, selected athletes must be cleared by the IRC Team Manager (To be appointed) to confirm that they remain able to compete to the standard that earned them selection.
4. Athletes and parents/guardians are reminded that in the process of registering for the Welsh TriStar Race Series and IRC Qualification process are required to abide by the TriStars code of conduct and the British Triathlon

Code of Conduct at all times in relation to this process. Any breach of this code will result in the withdrawal of the offer of selection.

5. The selection panel will not enter into any further correspondence or justification of discretionary selection decisions. By registering interest in selection for the team, it is accepted that the decision of the selection panel is objective, final and may not be subject to appeal at any level.
6. To comply with Welsh Triathlon's safeguarding policy, athletes under the age of 18 should ensure that they copy a parent in when emailing. Like-wise the panel will follow the same procedure.